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Alumni and friends
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MAPS Program Column
MAPS instructor Pat Snyder explains why positive thinking does more than improve your mood.

John Glenn School of Public Affairs
Letter from the Director
On behalf of the John Glenn School of Public Affairs, I am pleased to share with you the latest news and events from our growing school.

The Glenn School was thrilled to celebrate the 90th birthday of our school’s namesake, Senator John Glenn, this fall. At the Glenn School, we celebrated the occasion with a party, featuring a film about Senator Glenn’s life. It is always an honor to recognize someone who has dedicated his life to public service.

In recent months, the Glenn School has experienced significant growth in both our new undergraduate program and in our faculty. We welcome seven talented new faculty members to the Glenn School this fall, all introduced in this issue, each with considerable experience and talents to share.

I am also proud to note that many of our current faculty members have been recognized for their work in recent months. Among them are Russell Hassan, who won the 2011 Carlo Masini Award for outstanding scholarship; Jason Seligman, whose government report was recently featured on National Public Radio; and Stephanie Moulton, who has developed an online tool to assess personal financial health.

Another new addition to the Glenn School this fall is the Battelle Center for Science and Technology Policy, a center that will foster research relationships between the public and private sector and provide science and technology policy information to policymakers. The Battelle Center is the result of cooperation between two research leaders: The Ohio State University and Battelle Memorial Institute. In order for new jobs to be created in the 21st century knowledge economy, public policies must be developed and implemented which foster science and technology innovation that, in turn, spawn new products and services. The Battelle Center will help policymakers develop such policies.

If you are an alumna of any Glenn School program, regardless of when you graduated, we want you to be involved in the exciting work happening here. Through the Welcome Home initiative, led by the Alumni Society, we invite you to reconnect with the Glenn School.

Finally, I invite you to start by connecting with the Glenn School online through our website, Facebook, Twitter or LinkedIn social media sites. Information on how to follow us is found below the table of contents in this issue. I hope we hear from you soon.

John Glenn School of Public Affairs

[Image of Charles Wise, Ph.D. Director John Glenn School of Public Affairs]
New Policy Center Opens in Glenn School

The Battelle Center for Science and Technology Policy is open for business inside the Glenn School. Linking groundbreaking research at the Battelle Memorial Institute and Ohio State, the new center will foster research relationships between the public and private sector and provide science and technology policy information to government policymakers.

The John Glenn School of Public Affairs, The Ohio State University and Battelle Memorial Institute have come together to launch the Battelle Center for Science and Technology Policy, a new policy center that will foster innovation in science and technology by linking groundbreaking research at Ohio State and Battelle, connecting both public and private sectors with new discoveries and providing science and technology information to policymakers at all levels of government.

“Innovation in science and technology tends to come from the collaboration and cooperation of people from different disciplines working together,” says Dr. Caroline Wagner, the new director of the Battelle Center and Wolf Chair at Ohio State. By pairing the research capabilities of Battelle and Ohio State, she explains, the Battelle Center hopes “to become a center that links together, with some synergy, the science and technology areas of importance that create jobs and also to lead in scholarship in science and technology policy.” The Battelle Center will focus on key policy areas, including energy, the environment, communications, climate change, food and health. At the local level, the center will bring its expertise to bear on questions related to manufacturing, math and science education and the local environment.

The Battelle Center will look for opportunities to increase the efficiency of research by encouraging links between the researchers in many disciplines at Ohio State and researchers at Battelle. Beyond these two institutions, the center hopes to increase connections between the public and private sector, infusing private sector companies with knowledge that they may not have the time or resources to pursue on their own and fueling job creation. "If you see science and technology as solutions and tools, they are the basis of the knowledge economy," notes Wagner. This is not the first partnership between Battelle and the Glenn School. In 2006 the Battelle Center for Mathematics and Science Education Policy was established to bring together individuals in higher education with leaders in K-12, business, technology and government to develop policies and practices that increase the number of students prepared to be leaders in science, technology, engineering and mathematics. That work will continue as part of the Battelle Center for Science and Technology Policy.

To learn more about the Battelle Center, scan the QR code (left) or visit battellecenter.org.

Battelle Memorial Institute

The Battelle Memorial Institute is the world’s largest nonprofit independent research and development organization. Battelle partners with government, industry and communities to provide innovative solutions to the world’s most pressing problems. Battelle’s areas of expertise include education, laboratory management, national security, energy technology and health and life sciences.

To learn more about Battelle Memorial Institute or scan this QR code.

Senator Glenn Celebrates 90th Birthday

Senator John Glenn and Mrs. Annie Glenn at the 90th birthday celebration at the Glenn School.

The John Glenn School of Public Affairs celebrated Sen. John Glenn’s 90th birthday with a cake and ice cream party at Page Hall. More than 100 guests came to congratulate the senator on his birthday milestone, watch a video about his life and adventures, see photos and memorabilia displays and celebrate him with a champagne toast.

See a slideshow of the party at flickr.com/photos/glennschool.

Dana McDaniel and Lisa Patt-McDaniel Win Outstanding Alumnus Award

Husband and wife, Dana McDaniel, MPA ’90, and Lisa Patt-McDaniel, MPA ’86, were the winners of the 2010-2011 Outstanding Alumnus Award. Dana and Lisa have continually been involved with the Glenn School on various committees, have met with and mentored several students over the years, and now serve on the Board of Advisors for the Glenn School Alumni Society. Dana currently serves as deputy city manager for the City of Dublin — a community he has served for 23 years — and Lisa is serving as the director of community development at the Ohio Capital Corporation for Housing.

After accepting their awards from alumni society board vice president Kim Ratcliff at the Glenn School 2011 Pre-Commencement Ceremony, Dana and Lisa shared with students the important lessons they’ve learned in their careers and the joy they receive from their commitments to serving the public good.

See photos from pre-commencement and other Glenn School events at flickr.com/photos/glennschool.

Glenn-Affiliated Undergrads on 2011 Homecoming Court

Homecoming court members (from left) Alexa Odem, Joe Flarida, Shawn O’Meara and Sean Fitzpatrick pose on the football field during the 2011 homecoming ceremony.

Six Glenn School-affiliated undergraduates were nominated for the 2011 Ohio State Homecoming Court. The nominees included learning community members, public affairs majors, Glenn School student workers, and participants in the WAIP internship program. The students nominated are Alexa Odem, Sean Fitzpatrick, Pranav Reddy, John Tannous, Joe Flarida and Shawn O’Meara.
Grad Students Take Skills to Work

Glenn School graduate students put their knowledge to the test this summer in internships and jobs in Columbus and across the world. They returned with new perspectives on their careers and an appreciation for the skills they are learning at the Glenn School. Below, three graduate students share their summer experiences and how their Glenn School education is helping them develop skills for a career in public administration.

City Management in San Mateo, California

This past summer I worked with the City of San Mateo, California. I was a management intern in City Manager Susan Lotfus’ office and worked with both Ms. Lotfus and Assistant City Manager Matt Bronson on a variety of interesting projects. Two of the largest projects I assisted with were a review of the city’s current vehicle fleet and the creation of a citywide employee cell phone policy. I also worked on a number of other tasks: department year-end performance measures, year-end review presentations, an employee compensation analysis, and the city’s “Make a Difference” employee recognition campaign.

My MPA studies at the Glenn School prepared me for my internship with the City of San Mateo in a number of ways. For example, understanding the importance of performance measures to an organization’s overall performance goals helped me in almost all of the projects that I worked on. Having knowledge of some of the major theories on employee motivation and management styles also came into play as I worked with Assistant City Manager Matt Bronson to craft article write-ups for their “Make a Difference” campaign. The skills that I developed in public finance and budgeting classes were extremely useful in helping me interpret city budget documents and expenditure reduction strategies.

My internship experience with the City of San Mateo’s City Manager’s Office was awesome. I was able to develop an incredible understanding of local government and how the current economic situation affects everything from operating costs to capital investments and debt repayment. I was able to contribute to the City Manager’s Office by providing analytical support that their current lean operational structure does not really allow for. I am very grateful for having had the opportunity to work with such a great city!

Sustainable Football Games at The Ohio State University

Hi, I’m Corey Hawkey, sustainability coordinator for The Ohio State University. In this role, I work to coordinate, inspire, and empower campus to help increase sustainability efforts. What does sustainability mean? Sustainability is our ability to endure while rejuvenating, protecting, and enhancing the economic, environmental, and social well-being of our community for generations to come.

As a full-time employee, I helped get the Zero Waste at Ohio Stadium initiative off the ground. The initiative at Ohio Stadium is the largest of its kind in the country and perhaps the world. Our goal is to divert more than 90 percent of game-day materials from the landfill at least once by the end of the 2012 season. So far we have achieved our highest diversion rate (82 percent), least waste sent to the landfill (2.2 tons), and most compost at a game (2.5 tons).

This project requires a lot of coordination and leadership. My education from the John Glenn School of Public Affairs has enhanced my organization, leadership, and management skills to help me make the program successful. I developed the proposal to get the Ohio State Athletic department and Sports to buy in; developed a grant proposal and the implementation plan; and now organize and coordinate our efforts. The skills I learned helped me implement leadership strategies that helped set the course of the program and ensure buy-in from leadership, provided me with tools for project planning and organization, and provided me with strategies and methodologies that have helped me manage such a large operation.

I love what I do because every day I come to work and I’m helping The Ohio State University educate, empower, and motivate the campus community to lead the country in sustainability.

Cultural Affairs at the U.S. Embassy in Zambia

I spent the summer of 2011 as an intern in the Public Affairs Section (PAS) of the U.S. Embassy in Lusaka, Zambia. This internship was a wonderful opportunity for me to explore the State Department while also experiencing foreign service life. I applied for the internship in October of 2010 through the Bureau of African Affairs internship posting online. I was accepted into the program in April after completing the long process of gaining security clearance. The highlight of my internship was when Zambia hosted the African Growth and Opportunity Act (AGOA) 2011 Forum, which brought high-level U.S. delegates to Zambia, including the Secretary of State herself.

Following AGOA, I spent the summer assisting with both the Embassy’s cultural affairs programs and press relations efforts. My cultural affairs projects included: organizing the Ambassador’s Youth Advisory Council and setting up a focus group to discuss the upcoming elections; planning the content and logistics of the American Documentary Showcase, which included forming an advisory board of local film industry organizations; preparing Zambian students to attend U.S. universities; developing programming and improving the management of the American Center libraries in Lusaka, Kabwe, and Livingston. My press relations duties included researching public relations responses to election outcomes and assisting with the Embassy’s preparations for the national elections that took place in September.

Throughout this internship, I watched public managers do all the things I spent my first year learning about in class. In particular, I found that the public management, law and budgeting courses I took my first year really came to life during my internship. These courses helped me quickly understand the environment and begin contributing. I returned to complete my degree with a better understanding of the complex issues public managers face, a new interest in focusing on developing my skills as a manager, and the desire to pursue a career in foreign policy.
New faculty adds expertise to growing school

Seven new faculty members join the expanding Glenn School in 2011-12.

This autumn, the halls and offices of Page Hall are buzzing with activity. With a new undergraduate major and growing master’s and Ph.D. programs, seven new faculty members with diverse interests and experiences were invited to join the Glenn School.

1. Amanda Girth
Dr. Girth received her doctorate in public administration from the School of Public Affairs at American University. Her research interests include public and nonprofit management, primarily in the context of government contracting. Prior to attending American University, Girth was a manager in the Emerging Markets practice at BearingPoint, a global management consulting firm. She also served in Michigan state government working policy initiatives including disability, civil rights, and women’s issues.

2. Joshua Hawley
Dr. Hawley earned his Ed.D. and Ed.M. from the Harvard Graduate School of Education in Administration, Planning and Social Policy. Dr. Hawley is jointly appointed to the Glenn School and the School of Education and Human Ecology. Within the Glenn School, he serves as the Principal Investigator for the National Institutes of Health Scientific Workforce Project at the Battelle Center for Math and Science Education. Hawley has served as a consultant for many international agencies, including the World Bank, UNESCO, and UNICEF, and has worked all over the world.

3. Charlotte Kirschner
Dr. Kirschner completed her doctoral work at the Trachtenberg School of Public Policy and Public Administration at The George Washington University. Her research interests include public budgeting, homeland security policy and intergovernmental relations. Prior to attending The George Washington University, Kirschner worked for the Administrative Office of the Pennsylvania Supreme Court conducting policy research and managing the statewide court statistical system.

4. Beth-Anne Schuelke-Leech
Dr. Schuelke-Leech earned her doctorate from the School of Public Administration and Policy at the University of Georgia in Athens. Currently, she is conducting research on the connection between the public funding of R&D in public and private organizations to commercialized products in nanotechnology and nuclear energy. Before her doctoral studies, Schuelke-Leech worked for more than a decade at General Motors of Canada and the University of Ontario Institute of Technology. She earned her B.A. in Mechanical Engineering from McMaster University and a M.B.A. from York University.

5. Stéphane Lavertu
Dr. Lavertu has a Ph.D. in Political Science from the University of Wisconsin, an M.A. in Education Policy Analysis and Evaluation from Stanford University, and a B.A. in Political Science from The Ohio State University. Much of his research examines how politics affects the policy-making authority, design, and operation of public agencies. Lavertu also is centrally concerned with understanding how the politics of bureaucracy affect policy. In particular, he has examined how the design of educational institutions relates to student outcomes, as well as the impact of federal advisory committees on agency decision-making.

6. Jos C.N. Raadschelders
Dr. Raadschelders, received his Ph.D. in the social sciences from the University of Leiden in 1990. Being born and raised in the Netherlands and coming to the United States 13 years ago, he has developed interests in comparative government and is working on a book on the topic with a colleague in Israel (Eran Vigoda-Gadot). Raadschelders has done consulting work in the Netherlands (for waterboards), and had some influence upon legislation concerning the articles about itinerant trade in the Dutch Municipal Act.

7. Caroline S. Wagner
Dr. Wagner, an expert in the field of science and technology and its association to policy, society, and innovation, holds the Wolf Chair in International Affairs at the Glenn School. Wagner earned her doctorate from the University of Amsterdam in Science and Technology Dynamics. Her career in science and technology policy analysis has spanned more than 30 years. At The RAND Corporation, she was deputy to the director of the Science & Technology Policy Institute. She has been an advisor to the European Commission, the World Bank, the United States National Science Foundation, the Organization for Economic Cooperation and Development and several governments.

How large is the Glenn School now?

65
The number of freshmen in the 2011-12 undergraduate class

100
The number of students who switched to or added the undergraduate public affairs major in 2010-11
Moulton Develops Free Online Checkup for Financial Health

A new, free online financial self-assessment tool, earlier created as a research tool made available by the National Foundation for Credit Counseling, is based on work done in part by Glenn School Professor Stephanie Moulton. The MyMoneyCheckUp tool, available at nfcc.org or MyMoneyCheckUp.org, is designed to provide an assessment of a consumer’s overall financial health and behavior in four areas of personal finance: budgeting and credit management, saving and investing, planning for retirement, and managing home equity. In the first six months following its release in October 2010, more than 550,000 consumers used the tool, many of whom provided feedback saying the tool helped them identify potential areas of concern with their finances.

The tool was originally developed as part of a research project funded by OSU Outreach and Engagement and the Social Security Administration’s Financial Literacy Research Consortium, administered through the University of Wisconsin’s Center for Financial Security. Moulton serves as the principal investigator, with three other researchers involved, including Ciuriča Leibl, an Ohio State University Extension specialist in family finances and associate professor in the College of Education and Human Ecology’s Department of Consumer Sciences. To use the tool, consumers input information about their income, debts and savings. The tool identifies potential areas to improve — such as automating savings deposits, a method that previous research has shown to increase a person’s savings — and makes suggestions about where to find reliable information. The tool should take about 20 minutes to complete.

Moulton and her team of researchers were compelled to create MyMoneyCheckUp while working on a project to evaluate the effectiveness of financial education and counseling for first-time homebuyers.

“We needed a tool that would allow us to track the improvement in an individual’s financial health over time,” says Moulton. “While we found tools specific to a particular area of financial health (like retirement), we could not find a tool that provided a picture of overall financial health. So, we decided to develop a financial health checkup tool ourselves, pulling together focus groups of experts in the field.”

Along with talented collaborators and excellent partners, such as the NFCC, Moulton identifies the support of the Glenn School as a key factor in the project’s success.

“The John Glenn School has provided ongoing support to me as I have pursued research that has both scholarly and practical implications,” she says. “I appreciate the focus of the school on service to the community, in addition to top-notch research and teaching. The school encouraged faculty to apply for Outreach and Engagement funding, and to pursue opportunities that allow us to bring our research to bear on real-world challenges.”

In regards to future endeavours, Moulton says “to stay tuned.” The results of the evaluation of financial education for homebuyers, using the tool, will be released in the summer of 2012. With regard to the tool itself, Moulton’s team and the NFCC continue to fine-tune questions and the scoring methodology. Moulton notes: “It is still a work in progress, but we are excited by its potential and the energy it is generating.”

For more information, visit: http://glennschool.osu.edu/faculty/moulton.html

Dr. Stephanie Moulton

Sharpshooter, MPA Joins Athletic Hall of Fame

By Kelly O’Brien | Public Address/Magazine

For Jessica Marshall Sutton, Sept. 9, 2011 was right on target. It was the day she became the first sharpshooter to ever inducted into the Ohio State Athletic Hall of Fame. Sutton is the first Glenn School MPA graduate to be honored in this way.

Typically considered a lesser-known sport, Jessica assumes the role of a standout athlete into young athletes who pursue sharpshooting. She comments on her role as trailblazer in the sport:

“Ohio State has a top-notch pistol program with excellent facilities and an exceptional coaching staff; add in an athlete with drive, passion and a little natural skill and there is no limit to what that athlete can achieve — I am certainly proof of that.”

Sutton first developed an interest for shooting when she was younger. Her collegiate athletic career was later born in 2000 when her talent was noticed by the Ohio State varsity coach while practicing with her father at a local shooting range. She describes this day as a defining moment in both her career as a sharpshooter, and of her entire life:

“…my most special memory is still the day I walked into the range for the first time and introduced myself to (Ohio State’s Varsity Sharpshooting coach) Coach Sweezy.”

Sutton remarks: “As a walk-on, I proved myself that day and was rewarded with a place on the team. It had been my dream to compete for Ohio State’s Varsity Pistol Team since I was 12 years old, so finally achieving that goal was absolutely incredible.”

After showcasing her skills at the Ohio State campus range, Sutton quickly joined Ohio State’s team that fall and continued as a varsity shooter for four consecutive years. During those four years, Jessica made a name for herself in several events, including both women’s and co-ed competitions. While captaining for three years, Jessica and her teammates won six national championships. She was later asked to join the National Olympic Development Team for USA Shooting after competing in and winning a national collegiate championship during her junior year. Shortly after, Jessica shot in open and aggregate events and placed third.

A year later, Sutton once again dominated in the women’s air events during her senior year, leading her to remain on the USA Development Shooting Team. She tied for third at the USA Shooting National Championships and later in 2004 received the Big Ten Medal of Honor for her dedication on the shooting range and in the classroom.

However, these numerous accolades aren’t the only defining aspects of Jessica Sutton, who also succeeded as a student and campus participant. Along with working at a retail store as an undergraduate, she also participated in SASSO (Student Athlete Support Services Office) as a senior. While at Ohio State, Sutton received a bachelor’s degree in Psychology and Criminology as an undergraduate in 2004. After graduation, Sutton volunteered as a tutor at Columbus Reads, a program designed to help kids of Lincoln Park improve their reading skills. This later inspired her to seek public sector employment, or helping the underprivileged.

It wasn’t until 2006 that Sutton decided to re-enroll at Ohio State for graduate school, this time at the John Glenn School of Public Affairs for a Master of Public Administration. Her graduating, yet rewarding, volunteer work in a male facility prison over the years honed her skills for working in the field of corrections and justice. Sutton describes the faculty and resources at the Glenn School as “second to none,” and comments that the school benefitted her in its ability to “tailor” her degree to her own interests both in and outside of the classroom.

“The combination of her love of sharpshooting and her undergraduate and graduate studies led her to pursue her work as the Deputy Probation Officer at the Sutter County (Cal.) Probation Department. “I was one of nearly 200 applicants, but the skills I brought with me, thanks to my time at OSU, really let me stand out in the crowd. As a result, I was offered the highly coveted Deputy Probation Officer position.”

She is also currently working to develop changes in California’s correctional facilities and aiding at-risk youths to improve their overall well-being. Sutton attributes her professional success in part to the John Glenn School.

“Thanks to the Glenn School, my knowledge of program implementation and evaluation, data collection, and data analysis have proved to be especially critical to my department at present.”

Today, Sutton resides in Chico, California, with her husband, a professor at California State University. Sutton attributes this fact that despite a shoulder injury that developed during her junior year, she continues to shoot recreationally at the Chico Rod and Gun Club.

Welcome Home Initiative Invites Alumni to Reconnect to Glenn School
Mary-Ju Fan, president
Glenn School Alumni Society Board

For me, fall at Ohio State always evokes memories of the sounds of the crowd and Cameron Ohio State’s ‘The Shoe’ during a home football game and the beauty of the oval as the trees are changing color. That’s why celebrating the return of all alumni of the John Glenn School of Public Affairs as part of our Welcome Home initiative seems so apropos.

Throughout the years, the Glenn School has had many names and been housed within many different buildings and colleges. Once known as the School of Public Administration or the School of Public Policy and Management, the school has been part of the College of Arts and Sciences and the Fisher College of Business. It has offered graduate degrees as well as high school and Washington, D.C., internship programs. This fall, the Glenn School welcomed its first undergraduate class.

The themes of leadership and service in the public or non-profit sectors has remained consistent throughout the growth and evolution of the Glenn School. Both students and alumni are fortunate to have a program located in a thriving, dynamic capital city where opportunities in local, county and state government abound. Columbus also is home to many vital nonprofit and private sector organizations at which many Glenn School graduates find employment. The D.C. Outreach and internship programs also have assisted many graduates in building careers at the national level.

The Welcome Home initiative is an effort to reach out to all alumni of the school regardless of the year of graduation, the program you participated in or the name of the school when you graduated. The alumni society wants you to know that your involvement — no matter the extent — is in the school is welcome and needed. There are opportunities to suit everyone’s interests, from making a donation to a scholarship fund or teaching a class, to helping recruit future students or mentoring a current student.

If you’re interested in being part of the alumni society board, we have four sub-committees eagerly awaiting your involvement: communications and marketing, development, student affairs or the Washington, D.C., outreach committee.

So please, take a moment to think about how you can become involved or re-engaged in the John Glenn School of Public Affairs. My involvement in the School has been very rewarding to me personally, and I know that whatever the level of your participation, you will walk away from the experience with a renewed sense of the importance of the Glenn School to the community and everyone it touches. Welcome Home!

Discover many ways to connect at glenn.osu.edu/alumni

MAPS Program Column

What Went Well and Why It Matters
Pat Snyder, J.D., who coaches lawyers who want to flourish, is a degree candidate in the Master of Applied Positive Psychology program at the University of Pennsylvania. She teaches a new course, “Coach Your Own Career,” through the MAPS program at the John Glenn School of Public Affairs.

Quick. Think of three things that went well yesterday. Maybe you’re grasping at last night’s news report for something momentarily helpful. A bit of positive news from the Bureau of Labor Statistics perhaps, or a jump in the Dow?

The answer would be easier if you were in the nightly habit of doing the Three-Good-Things exercise. You’d only remember the good things but why they happened.

Three Good Things is one of many exercises being developed and tested by positive psychologists to change perspective and make us more resilient in a world that’s bombarded by negative thinking. Writing down the positives can point out what the NASDAQ-obsessed news media failed to mention: (1) a co-worker asked for your advice because you are respected and accessible; (2) you took that walk at lunch because you care about your health; (3) and you made a great pot of soup over the weekend because you love to savor the aroma.

Why does noticing the positives matter? It turns out that there’s more to positivity than just being nice. Positive psychologists, who study optimal human functioning, believe positive emotion opens us up to other people and new ideas, helps us get into a “flow” state when we work, bounce back from reversals, and contributes to the “grit” we need to achieve our long-term goals. University of North Carolina psychology professor Barbara Fredrickson sees positive emotions as a key to survival because it “broadens and builds” our psychological resources. Likewise, Martin E.P. Seligman, director of the Positive Psychology Center at the University of Pennsylvania, includes positive emotion as the “P” in PERMA, his new theory of well-being, which also includes engagement, relationships, meaning and achievement.

This is not to say that negativity is all bad. If we never had a negative thought, we wouldn’t make reasonable assessments of the risks we take. We’d fall for every sales pitch. We’d wave away symptoms and never visit the doctor. But many of us overdo it in the negativity department — ruminating over the past and worrying obsessively over the future. Fredrickson’s research suggests that we are at the tipping point for flourishing when we have three positive thoughts for every one negative one.

So how can you increase those positive thoughts? Besides “Three Good Things,” here are some resources developed by positive psychologists that can help you flourish and cheer yourself on when the going gets tough:

Set aside 20 minutes or so to take the VIA Survey of Character Strengths, a free online test at http://www.authentichapiness.sas.upenn.edu/Default.aspx. The test will help you identify your top five “signature” strengths, or things you like doing and are good at. Examples of signature strengths are curiosity, love of learning, and love of beauty and excellence. Then over a week, practice using one of those strengths in a new way. It’s likely to boost your mood.

Feeling discouraged or unmoored? Think about a time when you were at your best by your very own standards, and write a page about what you were doing and why it felt like you were at your best. Think about how you can apply that “best” to your life right now.

Create something Fredrickson calls a “positivity portfolio,” or collection of mementos that represents one of the ten positive emotions, i.e., joy, gratitude, serenity, interest, hope, pride, amusement, inspiration, awe, and love. The portfolio can take any form — box, folder, slide show you name it — but return to it to savor the positive mood it creates for you. If it’s perspective-changing for you, no need to stop at one. Keep going!

And finally, perform spontaneous acts of kindness each day. In his new book “Forever” (Free Press 2011), Seligman reports on research (and his own experience) that when he bought 80 sheets of one-cent stamps and gave them away to frustrated customers in line at the Post Office after a penny rate increase. It’s hard not to smile at that one – and almost wish for another rate increase.

Applications for the MAPS Program are available for employees at all levels. Learn more about MAPS and the MAPS program at glenn.osu.edu/training/maps.

Alumni Society Column

Discover many ways to connect at glenn.osu.edu/alumni

Alumni Friends

Andrew Byer, MPA ’94, recently started a new position as the vice president of legal & compliance at CipherPoint in New York City. The firm manages assets on behalf of public and private retirement plans, companies, central banks, educational institutions, financial advisors, foundations and endowments.

Allison Conklin, NEW Leadership ‘11, teamed up with four other women on the campus of Wittenberg University to form a women’s leadership organization called Women in Power (WIP). WIP was created to serve as a mentoring program for upper-class women leaders to support and develop under-class women interested in leadership. Allison said she was inspired by what she learned at NEW Leadership and wanted to pass on the knowledge to her fellow classmates.

Brenda Steppe, Cureton, MPA ’85, recently accepted a position as president and chief executive officer of Y-Tech Inc., a 501c3 organization with a history of providing career assistance to high-risk youth. Currently, she is working with the board to redefine the organization and expanding its services to included Family Strengthening and Engagement Initiatives.

Kelly Des Roches, MPA ’92, recently accepted the position of special assistant to the vice president of the newly created technology commercialization department within the Office of Business and Finance at The Ohio State University.

The Management Advancement for the Public Service (MAPS) Program offers training seminars that build management and leadership skills. Skill-building sessions are available for employees at all levels.

Learn more about MAPS and MAPS seminars at glenn.osu.edu/training/maps.

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and injury exposures, and complex issues
ation programs, multi-media educational
s, he focuses on loss preven
3,700 churches across the U.S. is based
in the United States. Although well-
largest LGBT museum, library and archive
wall National Museum & Archives – the
institutions. He also regularly visits offices in Southern
binational relations with Mexico, as well
He joins a team dedicated to establishing
for Health Informatics to minimize social
marginalized populations and achieving
health equity.

Keith Osterhage, In-Career MA ’76, has
worked in the public sector and the non-
profit consulting sector in Washington, D.C., since 1977. Most of his career has
been in higher education, leading and
growing Sponsored Research Pro-
grams at major universities such Ameri-
can, George Washington, Rutgers and
Marquette. Currently, Keith is associate
director for the Bureau of Criminal
Investigation at the Office of Ohio Attorney General Mike DeWine.

Michael Senich, WAIP ’03, recently
graduated with his MBA from Miami Uni-
versity and moved out to Washington, D.C., to work in Speaker John Boehner's
political office as finance coordinator.

Amishi Shah, MPA ’11, accepted
a position with the Federal Gov-
ernment's Department of Health and Human
Services in the Office of the Assistant Secretary of Health. Her
main responsibilities will be to develop
a book on public health quality and to
develop curriculum on Health Quality Standards, which will be used by colleges
offering the Master of Health Administra-
tion program.

Arooj Sheikh, Dual-Law ’11, received
a one-year fellowship to work in the
criminal justice department at Abercornbe &
Fitch.

Bianca Speranza, MPA ’11, was hired by
the Thomas B. Fordham Institute as a policy and research associate
for the Columbus Office. Prior to this role, she worked as a research assistant and a research intern
for Fordham. The Thomas B. Fordham In-
stitute is a Washington, D.C.-based, non-
profit think tank dedicated to advancing
diversity and excellence in America’s
K-12 schools by promoting policies that
strengthen accountability and expand
education options for parents and fami-
lies.

Dr. Sam Staley, PhD ’97, recently became
the Associate Director of the DeVo Moore
Center, an interdisciplinary unit of the Col-
lege of Social Sciences and Public Policy at Florida State. He will
be teaching master’s-level classes in ur-
ban planning and undergraduate courses in urban economics and local public
policy. In addition, Dr. Staley will be lead-
ing the DeVo Moore Center’s outreach
and fundraising programs.

Rachel Scala, WAIP ’08, was ecstatic
and (incredibly surprised) when her
partner Rob Grant proposed to her on the rooftop of the
Kennedy Center in Washington, D.C., on July 16, 2011.

Monica Tuttle, NEW Leadership ’11, is
enjoying her first semester at George Washington University, where she is
studying international affairs. When not
in class, she’s been extremely busy as an
intern at the Eurasia Institute and a tutor for local middle school kids at DC Reads.

Lauren Urycki, NEW Leadership ’11, is
actively working with the American Lung
Association assisting in projects for volun-
teers, mission, programming, advocacy
and fundraising. Lauren is excited to be
working in an office with all women and
to get more involved with advocacy ef-
forts for the Clean Air Act.

We want to hear from you
Keep your classmate and the Glenn School
informed of your promotions, job changes, papers/articles/books written,
lectures/seminars given, marriages, chil-
dren, and any other personal or professional
achievements you wish to share with us.

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150B Page Hall
1810 College Road South
Columbus, OH 43210
shirey.23@osu.edu
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